



1
00:00:23,750 --> 00:00:20,160
welcome to shattered reality with their

2
00:00:26,939 --> 00:00:23,760
hosts kate valentine and Farrugia

3
00:00:31,769 --> 00:00:26,949
prepare to head her paradigms shifted in

4
00:00:35,040 --> 00:00:31,779
your truths questioned and now shattered

5
00:00:38,160 --> 00:00:35,050
reality hey Kate hi there Farrugia

6
00:00:41,069 --> 00:00:38,170
another another episode but what makes

7
00:00:43,889 --> 00:00:41,079
today so special well it's episode

8
00:00:46,799 --> 00:00:43,899
number 25 but what really makes it

9
00:00:49,830 --> 00:00:46,809
special is the animal that we are

10
00:00:52,950 --> 00:00:49,840
celebrating today okay and it is

11
00:00:56,250 --> 00:00:52,960
Groundhog's Day yes that one said puxa

12
00:00:59,130 --> 00:00:56,260
Tony Phil puxa Tony I think Phil passed

13
00:01:03,900 --> 00:00:59,140

on its buxom funny Pete at this juncture

14

00:01:08,249 --> 00:01:03,910

and Staten Island Chuck and both of them

15

00:01:11,130 --> 00:01:08,259

did not see their shadows today so that

16

00:01:16,100 --> 00:01:11,140

tells us that spring is not so far away

17

00:01:19,590 --> 00:01:16,110

good but you know something came that

18

00:01:22,880 --> 00:01:19,600

februari second has a lot more meaning

19

00:01:29,070 --> 00:01:22,890

than just the sort of folklore about our

20

00:01:32,850 --> 00:01:29,080

our little groundhogs and um meaning has

21

00:01:36,840 --> 00:01:32,860

to do yes with the quarters and the

22

00:01:40,410 --> 00:01:36,850

eighth or cross quarters of the calendar

23

00:01:46,410 --> 00:01:40,420

which are traditionally celebrated by

24

00:01:48,390 --> 00:01:46,420

all northern latitude people now we all

25

00:01:50,789 --> 00:01:48,400

know about the winter and summer

26

00:01:52,800 --> 00:01:50,799

solstices the shortest day of the year

27

00:01:57,030 --> 00:01:52,810

and the longest day of the year and the

28

00:01:59,069 --> 00:01:57,040

spring and autumnal equinoxes without

29

00:02:01,319 --> 00:01:59,079

which I guess it's the vernal equinox is

30

00:02:04,620 --> 00:02:01,329

the really whatever classy way to say it

31

00:02:06,959 --> 00:02:04,630

and those are the when the day and the

32

00:02:10,169 --> 00:02:06,969

night are equal but people in

33

00:02:13,830 --> 00:02:10,179

traditional societies also celebrate

34

00:02:17,550 --> 00:02:13,840

what is known as cross quarters now

35

00:02:19,980 --> 00:02:17,560

today is a cross quarter it is called

36

00:02:23,580 --> 00:02:19,990

here commonly groundhog

37

00:02:28,940 --> 00:02:23,590

stay in other places it's called beer

38

00:02:33,230 --> 00:02:28,950

gets day after BR get and in book and

39

00:02:36,270 --> 00:02:33,240

candle Moss is the more Christian

40

00:02:39,390 --> 00:02:36,280

iteration of the day now that is the day

41

00:02:42,930 --> 00:02:39,400

when the candles are blessed at the

42

00:02:47,130 --> 00:02:42,940

church if you so desire however in bulk

43

00:02:49,770 --> 00:02:47,140

and bearcats day have more to do with

44

00:02:51,980 --> 00:02:49,780

the beginning of the light it is the

45

00:02:54,240 --> 00:02:51,990

really the first day where it's very

46

00:02:57,510 --> 00:02:54,250

noticeable that the days have gotten

47

00:02:59,550 --> 00:02:57,520

longer it also has to do with animals as

48

00:03:01,830 --> 00:02:59,560

we were discussing before and you

49

00:03:04,200 --> 00:03:01,840

probably know something about that Kate

50

00:03:07,020 --> 00:03:04,210

right what about the animals oh yeah

51
00:03:09,630 --> 00:03:07,030
this is a heavy-duty breeding season

52
00:03:13,140 --> 00:03:09,640
this begins at all and the lamb start to

53
00:03:15,660 --> 00:03:13,150
Lam out well or they get ready to lamb

54
00:03:19,200 --> 00:03:15,670
out the cats start to have kittens uh

55
00:03:23,670 --> 00:03:19,210
the world wakens up its spring yeah the

56
00:03:28,130 --> 00:03:23,680
world doesn't love so I thought it would

57
00:03:36,650 --> 00:03:28,140
be a wonderful idea today to talk about

58
00:03:45,750 --> 00:03:41,870
folk cultures okay additional beliefs

59
00:03:48,060 --> 00:03:45,760
mom sometimes animism and how would we

60
00:03:50,130 --> 00:03:48,070
find out about shamanism well we could

61
00:03:52,800 --> 00:03:50,140
have somebody who is an excellent

62
00:03:56,190 --> 00:03:52,810
shamanistic practitioner a good idea

63
00:03:59,960 --> 00:03:56,200

before I introduce this gentleman oh I

64

00:04:02,940 --> 00:03:59,970

want to just speak to a little bit about

65

00:04:06,480 --> 00:04:02,950

my background with shamanism where I

66

00:04:09,690 --> 00:04:06,490

studied with Michael Horner and he was a

67

00:04:12,450 --> 00:04:09,700

wonderful a shamanistic practitioner and

68

00:04:15,510 --> 00:04:12,460

teacher but the gentleman who we have

69

00:04:18,530 --> 00:04:15,520

today whose name I am going to now let

70

00:04:24,390 --> 00:04:18,540

you know okay Michael Peter Langevin and

71

00:04:27,240 --> 00:04:24,400

he is a a wonderful shaman I had already

72

00:04:30,360 --> 00:04:27,250

had two shamanistic experiences with

73

00:04:32,490 --> 00:04:30,370

Michael and one of them was a group

74

00:04:33,810 --> 00:04:32,500

experience he was a wonderful conductor

75

00:04:36,900 --> 00:04:33,820

of a fire

76

00:04:40,710 --> 00:04:36,910

emoni down at the monroe institute in

77

00:04:44,370 --> 00:04:40,720

favor virginia within i guess was about

78

00:04:48,210 --> 00:04:44,380

the 11 months ago what what a wonderful

79

00:04:51,420 --> 00:04:48,220

ceremony he conducted but beyond that i

80

00:04:54,270 --> 00:04:51,430

had a dream a few months ago and i have

81

00:04:57,210 --> 00:04:54,280

to be honest and tell you that michael

82

00:04:59,640 --> 00:04:57,220

is an acquaintance of mine uh i would

83

00:05:02,850 --> 00:04:59,650

probably recognize him if I saw him on

84

00:05:04,680 --> 00:05:02,860

the street he might not recognize me we

85

00:05:07,410 --> 00:05:04,690

are not close friends though I you know

86

00:05:10,560 --> 00:05:07,420

I certainly consider him a very friendly

87

00:05:14,690 --> 00:05:10,570

acquaintances but a couple of months ago

88

00:05:18,870 --> 00:05:14,700

I had a dream in which I was attending a

89

00:05:20,850 --> 00:05:18,880

seminar of some sort down in Virginia at

90

00:05:22,440 --> 00:05:20,860

that I think in Charlottesville was in

91

00:05:24,900 --> 00:05:22,450

my dream because it was a more of a town

92

00:05:29,630 --> 00:05:24,910

than up in up at the monroe institute

93

00:05:33,330 --> 00:05:29,640

and who did I share a couch with but

94

00:05:35,160 --> 00:05:33,340

Michael David and I thought this was

95

00:05:37,290 --> 00:05:35,170

passing strange because I don't really

96

00:05:40,740 --> 00:05:37,300

know him right and there was a he was

97

00:05:44,100 --> 00:05:40,750

not the protagonist of my dream uh but

98

00:05:47,340 --> 00:05:44,110

he was an important person in it well

99

00:05:49,290 --> 00:05:47,350

when I wake up the next day and thinking

100

00:05:52,680 --> 00:05:49,300

about this dream and how unusual it was

101
00:05:55,110 --> 00:05:52,690
who do I get a personal email from who

102
00:06:00,750 --> 00:05:55,120
has never sent me such an email before

103
00:06:04,320 --> 00:06:00,760
wait a minute let me guess go ahead

104
00:06:06,570 --> 00:06:04,330
Michael Peter lunch if okay so that

105
00:06:10,380 --> 00:06:06,580
being said I could not think of a better

106
00:06:13,830 --> 00:06:10,390
person to celebrate Groundhog Day 2016

107
00:06:16,530 --> 00:06:13,840
with then the same Michael Peter launch

108
00:06:20,010 --> 00:06:16,540
event who was the editor and publisher

109
00:06:22,530 --> 00:06:20,020
of magical blend magazine for 27 years

110
00:06:27,060 --> 00:06:22,540
he is the author of three wonderful

111
00:06:30,420 --> 00:06:27,070
books spiritual business secrets of the

112
00:06:33,750 --> 00:06:30,430
ancient Incas and the secrets of the

113
00:06:36,330 --> 00:06:33,760

Amazon shaymin shamans I never get I

114

00:06:39,810 --> 00:06:36,340

never get that right Shaymin shaman put

115

00:06:43,320 --> 00:06:39,820

another here we go so Michael Peter

116

00:06:44,940 --> 00:06:43,330

launch Evan welcome thank you so much

117

00:06:45,870 --> 00:06:44,950

what a great introduction it's great to

118

00:06:49,200 --> 00:06:45,880

be with both of you

119

00:06:51,120 --> 00:06:49,210

Wow I you know I was telling to farouche

120

00:06:52,980 --> 00:06:51,130

yeah I was we were talking just before

121

00:06:55,380 --> 00:06:52,990

the show and I was telling her that I

122

00:06:58,290 --> 00:06:55,390

really know very very little about

123

00:07:00,360 --> 00:06:58,300

shamanism and I was wondering if you

124

00:07:02,700 --> 00:07:00,370

could just give us a brief definition

125

00:07:06,180 --> 00:07:02,710

too in case someone in the audience also

126
00:07:10,440 --> 00:07:06,190
it doesn't know sure um I see shamanism

127
00:07:12,990 --> 00:07:10,450
as the original well one of the original

128
00:07:14,790 --> 00:07:13,000
teachings of Native people all over the

129
00:07:18,860 --> 00:07:14,800
planet before they were organized

130
00:07:22,020 --> 00:07:18,870
religion tribes small groups of people

131
00:07:23,640 --> 00:07:22,030
communicated with nature they depended

132
00:07:26,070 --> 00:07:23,650
on nature so they were in close

133
00:07:29,400 --> 00:07:26,080
communication with nature whether it was

134
00:07:31,890 --> 00:07:29,410
trees or streams or are the animals that

135
00:07:34,770 --> 00:07:31,900
they hunted and there was a connection

136
00:07:38,100 --> 00:07:34,780
there many i guess i'm not making this

137
00:07:41,220 --> 00:07:38,110
brief but anyway maybe that's okay you

138
00:07:43,770 --> 00:07:41,230

have used on mind altering substances to

139

00:07:48,230 --> 00:07:43,780

make their connections greater it was

140

00:07:52,230 --> 00:07:48,240

felt that each tribe had elders and and

141

00:07:54,030 --> 00:07:52,240

healers and shamans who would speak to

142

00:07:57,030 --> 00:07:54,040

the gods and goddesses and the spirits

143

00:07:59,790 --> 00:07:57,040

of plants in the area for the group the

144

00:08:03,030 --> 00:07:59,800

village the tribe and so there was an

145

00:08:05,700 --> 00:08:03,040

understanding of the basics of reality

146

00:08:07,800 --> 00:08:05,710

that where anyone could and did

147

00:08:11,070 --> 00:08:07,810

communicate with and was dependent on

148

00:08:12,960 --> 00:08:11,080

nature it's it's the that's not going to

149

00:08:14,730 --> 00:08:12,970

fit in a Webster's dictionary but that's

150

00:08:18,990 --> 00:08:14,740

pretty much higher that's pretty close

151
00:08:22,170 --> 00:08:19,000
yeah well the reason why I am so drawn

152
00:08:26,160 --> 00:08:22,180
to this is because in spiritual

153
00:08:31,339 --> 00:08:26,170
practices and consciousness studies it

154
00:08:35,900 --> 00:08:31,349
is the one area that gives proper

155
00:08:40,380 --> 00:08:35,910
attribution to nature in the form of

156
00:08:42,089 --> 00:08:40,390
animals and trees and all of the things

157
00:08:45,830 --> 00:08:42,099
that and the earth which we share

158
00:08:48,410 --> 00:08:45,840
together and so many other forms of

159
00:08:52,200 --> 00:08:48,420
consciousness work deal almost

160
00:08:54,360 --> 00:08:52,210
exclusively with other humans and you

161
00:08:56,970 --> 00:08:54,370
know quite frankly I like my cats just

162
00:08:59,440 --> 00:08:56,980
as well as I like the next guy I I think

163
00:09:01,990 --> 00:08:59,450

that's true anyone who has spent time

164

00:09:04,270 --> 00:09:02,000

I'm in the outback so to speak I've

165

00:09:07,270 --> 00:09:04,280

spent a lot of time in the Yucatan of

166

00:09:10,420 --> 00:09:07,280

Mexico and Guatemala and and in the ante

167

00:09:13,510 --> 00:09:10,430

mountains of Peru and in the Amazon

168

00:09:15,820 --> 00:09:13,520

jungle and when you spend time there you

169

00:09:19,060 --> 00:09:15,830

see a whole different approach to life

170

00:09:21,850 --> 00:09:19,070

where people don't have this image and

171

00:09:24,490 --> 00:09:21,860

even if they have been converted to to

172

00:09:27,730 --> 00:09:24,500

Protestantism of Catholicism they really

173

00:09:30,730 --> 00:09:27,740

don't hold this image of the male divine

174

00:09:33,940 --> 00:09:30,740

God on a cloud they see the smallest

175

00:09:35,770 --> 00:09:33,950

animal the streams the rocks all is part

176

00:09:38,350 --> 00:09:35,780

of the divine that's something that

177

00:09:41,920 --> 00:09:38,360

we've lost through organized religion

178

00:09:44,350 --> 00:09:41,930

and they it can exist it can coexist

179

00:09:47,530 --> 00:09:44,360

with organized religion in it so it so

180

00:09:49,390 --> 00:09:47,540

adds to the the breadth and depth of

181

00:09:52,630 --> 00:09:49,400

people's lives you had mentioned Michael

182

00:09:54,400 --> 00:09:52,640

Hana who was a great pioneer bringing

183

00:09:57,190 --> 00:09:54,410

this information into the United States

184

00:09:59,620 --> 00:09:57,200

and the Western world Alberto pilotto is

185

00:10:02,050 --> 00:09:59,630

another one who has who has really

186

00:10:03,850 --> 00:10:02,060

brought it into so so many people have

187

00:10:07,570 --> 00:10:03,860

studied shamanism through their

188

00:10:10,480 --> 00:10:07,580

teachings and and the next level of that

189

00:10:13,210 --> 00:10:10,490

or a different level of that is is going

190

00:10:15,730 --> 00:10:13,220

to the places where shamans still exist

191

00:10:18,550 --> 00:10:15,740

and where they still practice you could

192

00:10:20,680 --> 00:10:18,560

you can go 30 miles out of cusco peru in

193

00:10:23,740 --> 00:10:20,690

the sacred valley and in a Catholic

194

00:10:26,770 --> 00:10:23,750

Church they're doing k to enrich rules

195

00:10:30,130 --> 00:10:26,780

that were practiced before the Incan

196

00:10:32,170 --> 00:10:30,140

Empire existed this sort of stuff still

197

00:10:34,900 --> 00:10:32,180

exists in the world and we just don't

198

00:10:37,870 --> 00:10:34,910

acknowledge it much interesting what

199

00:10:40,870 --> 00:10:37,880

would that type of ritual consist of I

200

00:10:43,620 --> 00:10:40,880

was there one spring um and their their

201
00:10:47,230 --> 00:10:43,630
seasons the exact opposite of Oz right

202
00:10:50,440 --> 00:10:47,240
they were they were doing a blessing in

203
00:10:53,740 --> 00:10:50,450
the church for all of the crops and all

204
00:10:55,150 --> 00:10:53,750
of their herds so there was baby llamas

205
00:10:57,130 --> 00:10:55,160
in the church with them and they were

206
00:11:00,100 --> 00:10:57,140
guinea pigs because guinea pig is sort

207
00:11:03,160 --> 00:11:00,110
of their follow in the church with them

208
00:11:06,180 --> 00:11:03,170
there was corn there was potatoes and

209
00:11:08,680 --> 00:11:06,190
they were all been blessed and every

210
00:11:10,630 --> 00:11:08,690
village is broken into neighborhoods

211
00:11:12,300 --> 00:11:10,640
usually 12 neighborhoods and each

212
00:11:15,780 --> 00:11:12,310
neighborhood came in

213
00:11:19,110 --> 00:11:15,790

sing and singing in ancient Kaitlyn to

214

00:11:20,700 --> 00:11:19,120

to call in the gods goddesses and the

215

00:11:23,970 --> 00:11:20,710

spirits of the mountains which they call

216

00:11:27,450 --> 00:11:23,980

living beings or gods a pues and they

217

00:11:29,519 --> 00:11:27,460

called them in to bless these symbols of

218

00:11:31,650 --> 00:11:29,529

what they hope to bring forth into their

219

00:11:35,700 --> 00:11:31,660

fields and into their lives of fertility

220

00:11:38,519 --> 00:11:35,710

for the season um and the air was alive

221

00:11:41,280 --> 00:11:38,529

with an energy and a vibrancy in the

222

00:11:45,300 --> 00:11:41,290

ante mountains in the Yucatan and Mexico

223

00:11:48,570 --> 00:11:45,310

in the in the Amazon jungle people still

224

00:11:51,090 --> 00:11:48,580

today live with a closeness and an

225

00:11:53,910 --> 00:11:51,100

understanding of the divinity of nature

226

00:11:56,930 --> 00:11:53,920

of all life and their connectedness in

227

00:12:00,920 --> 00:11:56,940

it and their way of living with it that

228

00:12:03,750 --> 00:12:00,930

can be as simple as when a poor family

229

00:12:06,810 --> 00:12:03,760

kills a guinea pig for their supper they

230

00:12:09,269 --> 00:12:06,820

give thanks for it being part of their

231

00:12:11,280 --> 00:12:09,279

family and for its applying its

232

00:12:12,990 --> 00:12:11,290

supplying food to keep them alive and

233

00:12:17,190 --> 00:12:13,000

going in the evening there was just a

234

00:12:20,430 --> 00:12:17,200

sense of slowing down and gratitude that

235

00:12:23,070 --> 00:12:20,440

that I find refreshing and splendid and

236

00:12:27,150 --> 00:12:23,080

magical and these people are catch one

237

00:12:29,640 --> 00:12:27,160

yeah well the catcher people are are the

238

00:12:32,940 --> 00:12:29,650

descendants of the anchors and they live

239

00:12:36,140 --> 00:12:32,950

from Colombia into Chile into into

240

00:12:39,690 --> 00:12:36,150

Bolivia but then you have other people

241

00:12:41,760 --> 00:12:39,700

around Lake Titicaca and in the Amazon

242

00:12:44,640 --> 00:12:41,770

jungle you have a number of different

243

00:12:46,680 --> 00:12:44,650

tribal groups that still hold the old

244

00:12:48,740 --> 00:12:46,690

ways alive the fascinating thing having

245

00:12:51,930 --> 00:12:48,750

traveled in the Amazon a lot is that

246

00:12:54,540 --> 00:12:51,940

with the lumbering and with the cutting

247

00:12:56,280 --> 00:12:54,550

down of so much of the forest and people

248

00:12:59,880 --> 00:12:56,290

coming in to farm especially Derek

249

00:13:01,410 --> 00:12:59,890

especially me cause they the people who

250

00:13:02,970 --> 00:13:01,420

move in think they're bringing in the

251
00:13:05,280 --> 00:13:02,980
Western ways and after they're there for

252
00:13:07,320 --> 00:13:05,290
a couple of years they tend to take on

253
00:13:09,329 --> 00:13:07,330
the old ways of the people who live

254
00:13:11,790 --> 00:13:09,339
there before them because it's the only

255
00:13:14,490 --> 00:13:11,800
way to survive in the Amazon interesting

256
00:13:18,120 --> 00:13:14,500
well I I certainly have a lot of

257
00:13:20,640 --> 00:13:18,130
thoughts about the Amazon and its

258
00:13:23,460 --> 00:13:20,650
production of air for all of us around

259
00:13:25,199 --> 00:13:23,470
the world and the destruction of the

260
00:13:28,049 --> 00:13:25,209
Amazon is a is a

261
00:13:29,699 --> 00:13:28,059
huge problem for all of humanity not

262
00:13:31,790 --> 00:13:29,709
just for the people there but I

263
00:13:34,829 --> 00:13:31,800

understand that it's a very immediate

264

00:13:42,749 --> 00:13:34,839

problem for the people there I first

265

00:13:45,179 --> 00:13:42,759

started going down in 1972-73 and what

266

00:13:49,319 --> 00:13:45,189

has been lost in those decades between

267

00:13:51,030 --> 00:13:49,329

then and now is hot breaking just so

268

00:13:53,340 --> 00:13:51,040

many of the ancient ways and the

269

00:13:56,669 --> 00:13:53,350

temptation of civilization to the native

270

00:13:59,790 --> 00:13:56,679

peoples a lot of the old ways are just

271

00:14:02,220 --> 00:13:59,800

being left behind a lot of the shamans

272

00:14:05,189 --> 00:14:02,230

can't find good at apprentices to take

273

00:14:09,230 --> 00:14:05,199

on their ways I pass on generations of

274

00:14:14,280 --> 00:14:09,240

knowledge of herbal medicines and and of

275

00:14:19,379 --> 00:14:14,290

magical traditions and ceremonies well

276

00:14:21,210 --> 00:14:19,389

but I I can sort of think sometimes it

277

00:14:23,669 --> 00:14:21,220

would be nicer to go back to a more

278

00:14:25,980 --> 00:14:23,679

rural background sort of there's a

279

00:14:29,189 --> 00:14:25,990

certain appeal for example in the Amish

280

00:14:32,129 --> 00:14:29,199

country to somebody who lives constantly

281

00:14:36,509 --> 00:14:32,139

in an urban setting it seems very nice

282

00:14:40,470 --> 00:14:36,519

to me the only drawback would be just

283

00:14:42,629 --> 00:14:40,480

medical aid in cases I've been in my

284

00:14:45,629 --> 00:14:42,639

book the secrets of the Amazon shaman's

285

00:14:48,509 --> 00:14:45,639

I talk about taking my then just turning

286

00:14:51,210 --> 00:14:48,519

teenage children into the into the

287

00:14:52,859 --> 00:14:51,220

Amazon and being in a very isolated

288

00:14:55,650 --> 00:14:52,869

village inn and all of us becoming

289

00:14:58,199 --> 00:14:55,660

deathly ill and we're not going to be

290

00:15:00,960 --> 00:14:58,209

picked up by for a week by by someone

291

00:15:04,100 --> 00:15:00,970

with an airplane and the only hope was

292

00:15:06,900 --> 00:15:04,110

the shaman in his ways of healing were

293

00:15:09,449 --> 00:15:06,910

untraditional to say let's say the best

294

00:15:12,289 --> 00:15:09,459

uh-huh so we found ourselves licking

295

00:15:16,049 --> 00:15:12,299

toads and and witnessing shape-shifting

296

00:15:18,359 --> 00:15:16,059

to go through a healing you do you

297

00:15:21,840 --> 00:15:18,369

isolate yourself and there is a sense of

298

00:15:24,150 --> 00:15:21,850

loss and a risk being taken it's not a

299

00:15:25,859 --> 00:15:24,160

place necessarily to raise young

300

00:15:29,609 --> 00:15:25,869

children ought to think you're going to

301

00:15:31,919 --> 00:15:29,619

live like you live in New York City okay

302

00:15:34,319 --> 00:15:31,929

well it's interesting when I when I was

303

00:15:38,329 --> 00:15:34,329

in school there was a professor who was

304

00:15:41,509 --> 00:15:38,339

92 and still very much with it

305

00:15:44,179 --> 00:15:41,519

and at that time he was familiar with

306

00:15:48,590 --> 00:15:44,189

the plants in the Alps this was in

307

00:15:51,519 --> 00:15:48,600

Germany and he it was it was sort of a

308

00:15:55,129 --> 00:15:51,529

it was just it was wonderful was like a

309

00:15:56,809 --> 00:15:55,139

connection to the old ways and certainly

310

00:15:58,610 --> 00:15:56,819

I'm sure you're aware that a lot of the

311

00:16:02,689 --> 00:15:58,620

pharmaceutical companies have

312

00:16:05,210 --> 00:16:02,699

investigated sort of medical practices

313

00:16:08,119 --> 00:16:05,220

of shamans most of most of the

314

00:16:10,429 --> 00:16:08,129

pharmaceuticals came from research and a

315

00:16:13,160 --> 00:16:10,439

lot of its cameras on where they looked

316

00:16:14,840 --> 00:16:13,170

at what what was being used herbally and

317

00:16:17,150 --> 00:16:14,850

then distill them into a chemical

318

00:16:20,150 --> 00:16:17,160

formula that they could that they could

319

00:16:22,519 --> 00:16:20,160

mass-produce for people yeah and it was

320

00:16:25,069 --> 00:16:22,529

more purified more direct and undergoing

321

00:16:28,730 --> 00:16:25,079

testing and sort of getting back to the

322

00:16:32,509 --> 00:16:28,740

really active pharmacol active parts of

323

00:16:35,449 --> 00:16:32,519

those herbs but it was the originals of

324

00:16:37,610 --> 00:16:35,459

shaman ssin for example it just what

325

00:16:39,379 --> 00:16:37,620

would how did they find I always think

326

00:16:43,790 --> 00:16:39,389

who's the first guy they tried it out on

327

00:16:47,329 --> 00:16:43,800

I mean really advantage they have I know

328

00:16:48,949 --> 00:16:47,339

their mother-in-law right the advantage

329

00:16:51,650 --> 00:16:48,959

they have is that they talked to plants

330

00:16:55,160 --> 00:16:51,660

and they live huh they can hear plants

331

00:16:56,749 --> 00:16:55,170

yeah so if somebody is sick they they go

332

00:16:59,720 --> 00:16:56,759

into the forest and say what do they

333

00:17:01,730 --> 00:16:59,730

need huh and this plant basically says

334

00:17:05,090 --> 00:17:01,740

to them pick me and that one over there

335

00:17:07,220 --> 00:17:05,100

and make a tea ah and then and then they

336

00:17:09,529 --> 00:17:07,230

come back and miraculous it works huh

337

00:17:12,199 --> 00:17:09,539

and over generations these are these

338

00:17:15,139 --> 00:17:12,209

have been passed down from generation to

339

00:17:18,169 --> 00:17:15,149

generation but it's just amazing I had a

340

00:17:21,919 --> 00:17:18,179

sister who's passed now who had a brain

341

00:17:24,949 --> 00:17:21,929

tumor and when I was in the Amazon I I

342

00:17:26,480 --> 00:17:24,959

asked a shaman what could be done he

343

00:17:28,639 --> 00:17:26,490

told me I had to wait a few more days

344

00:17:31,340 --> 00:17:28,649

for things to be just right then he

345

00:17:33,590 --> 00:17:31,350

climbed up these tall trees that grew on

346

00:17:35,330 --> 00:17:33,600

the south slope of these mountains in

347

00:17:37,190 --> 00:17:35,340

the Sun only hit them a certain way this

348

00:17:39,860 --> 00:17:37,200

time of the year and he cut off some

349

00:17:42,230 --> 00:17:39,870

Bach and he scraped out some fun yes it

350

00:17:45,289 --> 00:17:42,240

grew there and he and he cooked it over

351

00:17:47,480 --> 00:17:45,299

the fire to to a brown dust and put this

352

00:17:49,850 --> 00:17:47,490

powder in a packet for me and said have

353

00:17:52,039 --> 00:17:49,860

her take this with alcohol every night

354

00:17:54,440 --> 00:17:52,049

for a month and

355

00:17:56,930 --> 00:17:54,450

it will be better and and I drive back

356

00:17:59,810 --> 00:17:56,940

and I gave it to her and when she went

357

00:18:02,269 --> 00:17:59,820

in to have a test she had totally gotten

358

00:18:04,340 --> 00:18:02,279

over her emphysema which the shaman had

359

00:18:05,649 --> 00:18:04,350

not told me what it would do and her

360

00:18:08,590 --> 00:18:05,659

brain to my had stopped growing

361

00:18:11,299 --> 00:18:08,600

wonderful well that's kind of things

362

00:18:13,789 --> 00:18:11,309

when you go down to Latin America when

363

00:18:18,830 --> 00:18:13,799

you go to Africa when you go to rural

364

00:18:20,720 --> 00:18:18,840

parts of I mean of Asia you you see that

365

00:18:23,690 --> 00:18:20,730

magic still exists in the world Harry

366

00:18:25,460 --> 00:18:23,700

Potter and Gandalf aren't really Fantasy

367

00:18:28,399 --> 00:18:25,470

characters it's just that we don't

368

00:18:31,039 --> 00:18:28,409

embrace them in the Western world well

369

00:18:32,779 --> 00:18:31,049

I've watched him we do it Michael we

370

00:18:34,099 --> 00:18:32,789

embraces do I don't need to make a

371

00:18:37,789 --> 00:18:34,109

generality like that you're absolutely

372

00:18:41,269 --> 00:18:37,799

right the left I was down in Cusco about

373

00:18:43,129 --> 00:18:41,279

not quite two years ago and when I first

374

00:18:44,840 --> 00:18:43,139

went down to Cusco and you got sick

375

00:18:47,419 --> 00:18:44,850

which is in Peru and I far from the

376

00:18:49,460 --> 00:18:47,429

sacred valley of Machu Picchu everybody

377

00:18:52,580 --> 00:18:49,470

that you had met gave you their own

378

00:18:54,619 --> 00:18:52,590

personal herbal healing the guy in the

379

00:18:57,919 --> 00:18:54,629

restaurant the guy you come from

380

00:19:00,590 --> 00:18:57,929

everyone now they say oh go to this

381

00:19:03,919 --> 00:19:00,600

pharmacy down on on fourth and Sandvine

382

00:19:06,200 --> 00:19:03,929

because it's my favorite one the Western

383

00:19:09,619 --> 00:19:06,210

ways have come in and changed the whole

384

00:19:11,720 --> 00:19:09,629

culture what do you think that's uh I

385

00:19:14,239 --> 00:19:11,730

guess medically it's for the better I

386

00:19:16,909 --> 00:19:14,249

would think but I I would think as far

387

00:19:19,099 --> 00:19:16,919

as the culture itself not so much as we

388

00:19:23,539 --> 00:19:19,109

right we're trading off we're trading

389

00:19:26,899 --> 00:19:23,549

off a definite yes this will this will

390

00:19:28,789 --> 00:19:26,909

hide your symptoms for kohls for a maybe

391

00:19:33,379 --> 00:19:28,799

yes this will help your whole body

392

00:19:35,629 --> 00:19:33,389

realign and and and and reconnect to to

393

00:19:38,479 --> 00:19:35,639

the greater so I feel there's more of a

394

00:19:39,950 --> 00:19:38,489

sense of loss but in our Western world

395

00:19:41,539 --> 00:19:39,960

where everything it has to be done now

396

00:19:43,940 --> 00:19:41,549

and we have the mcdonalds model of

397

00:19:47,960 --> 00:19:43,950

course pharmaceuticals are more

398

00:19:50,509 --> 00:19:47,970

convenient well as recently as a cait's

399

00:19:53,239 --> 00:19:50,519

experience with her german professor and

400

00:19:55,310 --> 00:19:53,249

my own grandfather who wouldn't go to a

401
00:19:58,099 --> 00:19:55,320
regular doctor who was looking for the

402
00:20:01,759 --> 00:19:58,109
cloud artist which in German means the

403
00:20:03,630 --> 00:20:01,769
the doctor of herbs and didn't want to

404
00:20:06,900 --> 00:20:03,640
go to the to the

405
00:20:10,560 --> 00:20:06,910
allopathic doctor so it's not gone for

406
00:20:12,720 --> 00:20:10,570
that long at this juncture no not at all

407
00:20:15,090 --> 00:20:12,730
not at all and I think a lot of people

408
00:20:17,790 --> 00:20:15,100
like yourselves and me and other people

409
00:20:20,880 --> 00:20:17,800
like us are realizing oh wait a second

410
00:20:22,200 --> 00:20:20,890
maybe we went too far in the medical

411
00:20:24,420 --> 00:20:22,210
profession maybe we went too far in

412
00:20:26,760 --> 00:20:24,430
pharmaceuticals maybe we need to reclaim

413
00:20:29,580 --> 00:20:26,770

our power maybe we need to do some

414

00:20:31,350 --> 00:20:29,590

research on herbal medicine I've lived

415

00:20:33,300 --> 00:20:31,360

in big cities and I've lived in the

416

00:20:36,570 --> 00:20:33,310

country right now I'm living in rural

417

00:20:38,550 --> 00:20:36,580

Virginia and and it's easy for my wife

418

00:20:42,150 --> 00:20:38,560

and I to take a walk on the stream and

419

00:20:45,660 --> 00:20:42,160

pick Mullen and dandelions and in other

420

00:20:48,020 --> 00:20:45,670

herbs and make teas that that will end a

421

00:20:50,340 --> 00:20:48,030

cough and will strengthen our blood

422

00:20:52,950 --> 00:20:50,350

people can do this kind of thing in

423

00:20:55,290 --> 00:20:52,960

their day-to-day life even been in the

424

00:20:57,390 --> 00:20:55,300

cities the pox and what have you have a

425

00:21:00,380 --> 00:20:57,400

lot of the stuff it takes intention

426

00:21:02,850 --> 00:21:00,390

again slowing down it takes making

427

00:21:05,310 --> 00:21:02,860

making that a priority in your life but

428

00:21:07,830 --> 00:21:05,320

it's very doable and it's the same thing

429

00:21:10,860 --> 00:21:07,840

with with ceremony and ritual which is

430

00:21:14,160 --> 00:21:10,870

so important in that shamanic ways that

431

00:21:16,530 --> 00:21:14,170

that if people want to they can make all

432

00:21:18,750 --> 00:21:16,540

of their life a ritual in a ceremony I

433

00:21:22,620 --> 00:21:18,760

teach classes in this and I've addressed

434

00:21:25,350 --> 00:21:22,630

it in my books that that people can make

435

00:21:27,150 --> 00:21:25,360

Washington dishes a ceremony where they

436

00:21:28,770 --> 00:21:27,160

wash away all the things that are

437

00:21:30,870 --> 00:21:28,780

holding them back in their lives and

438

00:21:33,180 --> 00:21:30,880

where they're where they're making room

439

00:21:35,100 --> 00:21:33,190

for what they want to come into their

440

00:21:36,600 --> 00:21:35,110

lives ceremony doesn't have to be

441

00:21:38,550 --> 00:21:36,610

something we go to on sunday in the

442

00:21:41,460 --> 00:21:38,560

church it began can become something

443

00:21:43,760 --> 00:21:41,470

that we make we take back and make into

444

00:21:47,520 --> 00:21:43,770

a way of living I was collecting

445

00:21:51,150 --> 00:21:47,530

recently on my blog all the different

446

00:21:54,480 --> 00:21:51,160

New Year's traditions across cultures

447

00:21:57,180 --> 00:21:54,490

that people who were my readers might be

448

00:21:59,340 --> 00:21:57,190

practicing and much of it involves

449

00:22:03,390 --> 00:21:59,350

getting rid of the old and welcoming the

450

00:22:06,510 --> 00:22:03,400

new cleaning things out and it down to

451
00:22:09,330 --> 00:22:06,520
the idea that certain people I guess it

452
00:22:11,340 --> 00:22:09,340
was near Venice one of the people that I

453
00:22:13,620 --> 00:22:11,350
know was said that they throw out the

454
00:22:15,990 --> 00:22:13,630
dishes all the old dishes not the good

455
00:22:17,289 --> 00:22:16,000
dishes but if you've gotten a dish or a

456
00:22:19,749 --> 00:22:17,299
bowl with a crack

457
00:22:21,639 --> 00:22:19,759
the year that that uh that's when you

458
00:22:24,279 --> 00:22:21,649
throw them out on the street to get rid

459
00:22:26,769 --> 00:22:24,289
of you know good riddance to old rubbish

460
00:22:29,049 --> 00:22:26,779
kind of situation and if we have the

461
00:22:31,119 --> 00:22:29,059
right intention I mean as you said so

462
00:22:33,009 --> 00:22:31,129
many of the old ways are still there and

463
00:22:34,869 --> 00:22:33,019

if we become mindful of them and have

464

00:22:38,259 --> 00:22:34,879

the right intention and have the right

465

00:22:40,629 --> 00:22:38,269

belief and desire and expectancy with we

466

00:22:43,450 --> 00:22:40,639

can revolution that is our lives on a

467

00:22:45,899 --> 00:22:43,460

daily basis we can bring the magic into

468

00:22:49,930 --> 00:22:45,909

the Western world into the major cities

469

00:22:52,299 --> 00:22:49,940

into everything we do on shamanism can

470

00:22:54,909 --> 00:22:52,309

be visited in the wiles of the Amazon

471

00:22:57,879 --> 00:22:54,919

jungle or it can be studied and brought

472

00:23:01,060 --> 00:22:57,889

in to any life anywhere at all these

473

00:23:03,669 --> 00:23:01,070

days I think everybody likes tradition

474

00:23:06,999 --> 00:23:03,679

and and ceremony and I think that's part

475

00:23:10,269 --> 00:23:07,009

still part of everyday life in even the

476

00:23:12,099 --> 00:23:10,279

most urbanized area but and it's

477

00:23:15,430 --> 00:23:12,109

comforting it makes a very nice thing

478

00:23:18,039 --> 00:23:15,440

media tries to standardize it in ways

479

00:23:20,619 --> 00:23:18,049

that um you know can be hallmark sort of

480

00:23:24,249 --> 00:23:20,629

things yeah it's kind of sold crushing

481

00:23:26,560 --> 00:23:24,259

way i I don't I you know it's true that

482

00:23:29,919 --> 00:23:26,570

that exists but I think most people have

483

00:23:31,779 --> 00:23:29,929

their own at home versions of that I

484

00:23:33,729 --> 00:23:31,789

mean hallmark will tell you you know

485

00:23:36,279 --> 00:23:33,739

it's Valentine's Day and so this is what

486

00:23:38,950 --> 00:23:36,289

you do but a lot of people will develop

487

00:23:40,299 --> 00:23:38,960

their own traditions too and and you're

488

00:23:44,200 --> 00:23:40,309

right Michael I think it's extremely

489

00:23:46,840 --> 00:23:44,210

comforting nice thing to have very much

490

00:23:49,359 --> 00:23:46,850

so it's very much a lot of people feel

491

00:23:51,580 --> 00:23:49,369

powerless when they watch the media and

492

00:23:54,159 --> 00:23:51,590

and they feel it's flu season and

493

00:23:56,830 --> 00:23:54,169

they're going to get sick or or they

494

00:23:59,710 --> 00:23:56,840

can't do anything about the was in the

495

00:24:01,599 --> 00:23:59,720

Arab countries but but if they start

496

00:24:03,609 --> 00:24:01,609

reclaiming their power on a day-to-day

497

00:24:05,560 --> 00:24:03,619

basis for me that's really what

498

00:24:08,859 --> 00:24:05,570

shamanism in Latin America gave me back

499

00:24:12,310 --> 00:24:08,869

was that I am in control of my power

500

00:24:14,619 --> 00:24:12,320

like you're 92 year old professor if I

501

00:24:18,009 --> 00:24:14,629

make the right decisions I can stay

502

00:24:21,310 --> 00:24:18,019

young and mentally alert and robust and

503

00:24:24,099 --> 00:24:21,320

and excited about life and just know

504

00:24:26,980 --> 00:24:24,109

just by living magically he definitely

505

00:24:29,560 --> 00:24:26,990

was all those things well I will say the

506

00:24:31,180 --> 00:24:29,570

following because I teach creative

507

00:24:34,510 --> 00:24:31,190

visualization sometimes too

508

00:24:36,880 --> 00:24:34,520

my clients and I find that ritual helps

509

00:24:40,750 --> 00:24:36,890

to keep their attention so that they're

510

00:24:43,270 --> 00:24:40,760

able to intend better in their creative

511

00:24:47,380 --> 00:24:43,280

visualization sessions if I give them a

512

00:24:49,030 --> 00:24:47,390

ritual to do along with it and why

513

00:24:51,370 --> 00:24:49,040

ritual and ceremony have been used

514

00:24:54,510 --> 00:24:51,380

throughout the ages because it's hard

515

00:24:58,150 --> 00:24:54,520

for some of us to just meditate or just

516

00:25:00,280 --> 00:24:58,160

see an apple and taste in our mouths or

517

00:25:03,400 --> 00:25:00,290

how we want the future to be but if we

518

00:25:07,380 --> 00:25:03,410

anchor it with actually putting crystals

519

00:25:10,660 --> 00:25:07,390

around us or starting a fire or invoking

520

00:25:13,270 --> 00:25:10,670

the spirits that we feel aligned with

521

00:25:15,850 --> 00:25:13,280

then we've we've brought in these extra

522

00:25:17,260 --> 00:25:15,860

levels to it and we've we've given it

523

00:25:20,110 --> 00:25:17,270

more power and more meaning for

524

00:25:23,850 --> 00:25:20,120

ourselves and our unconscious I have a

525

00:25:28,120 --> 00:25:23,860

question for you and this has to do with

526

00:25:33,220 --> 00:25:28,130

how you began I have some knowledge of

527

00:25:35,440 --> 00:25:33,230

this and I know for instance of the the

528

00:25:37,030 --> 00:25:35,450

profession of your father and I don't

529

00:25:38,680 --> 00:25:37,040

know if you want to go into that and

530

00:25:41,680 --> 00:25:38,690

here I I don't know how much time we

531

00:25:42,970 --> 00:25:41,690

have but I my father was my father and

532

00:25:45,310 --> 00:25:42,980

my grandfather were both funeral

533

00:25:46,960 --> 00:25:45,320

directors and embalming and bombers and

534

00:25:49,780 --> 00:25:46,970

I was supposed to take over the funeral

535

00:25:53,770 --> 00:25:49,790

home and I got to help my father early

536

00:25:56,470 --> 00:25:53,780

on in in his work and went to embalming

537

00:26:00,030 --> 00:25:56,480

and field director in school and what I

538

00:26:04,090 --> 00:26:00,040

was exposed to death in a very close way

539

00:26:06,370 --> 00:26:04,100

early on which opened my interest to the

540

00:26:09,700 --> 00:26:06,380

true meaning of life which made me read

541

00:26:11,890 --> 00:26:09,710

just tons of books on metaphysics and

542

00:26:14,830 --> 00:26:11,900

spirituality and comparative religions I

543

00:26:16,930 --> 00:26:14,840

studied witchcraft with Laurie Cabot in

544

00:26:19,150 --> 00:26:16,940

Salem Massachusetts Tuesday head witch

545

00:26:21,910 --> 00:26:19,160

of Salem at that point but when I went

546

00:26:24,550 --> 00:26:21,920

to college I had a college professor in

547

00:26:27,310 --> 00:26:24,560

Latin American politics we just returned

548

00:26:30,310 --> 00:26:27,320

from Latin America and by the time her

549

00:26:34,510 --> 00:26:30,320

class was over I had no choice I had to

550

00:26:36,190 --> 00:26:34,520

go to Peru and I hitchhiked from Boston

551
00:26:38,860 --> 00:26:36,200
to Miami in a blizzard because I didn't

552
00:26:40,870 --> 00:26:38,870
have enough money haha and bought a

553
00:26:42,490 --> 00:26:40,880
round-trip ticket and when I landed in

554
00:26:44,340 --> 00:26:42,500
Lima I had thirty dollars in my pocket

555
00:26:45,779 --> 00:26:44,350
wow I

556
00:26:47,970 --> 00:26:45,789
promised myself I'd spend as much time

557
00:26:49,860 --> 00:26:47,980
as I could and I ended up spending six

558
00:26:52,620 --> 00:26:49,870
weeks there because of the the

559
00:26:56,580 --> 00:26:52,630
generosity and and wonderfulness of the

560
00:26:58,710 --> 00:26:56,590
of the Peruvian people when I first went

561
00:27:00,090 --> 00:26:58,720
to Machu Picchu had many mystical

562
00:27:03,450 --> 00:27:00,100
experiences but when I first went to

563
00:27:06,029 --> 00:27:03,460

Machu Picchu I actually believe that I

564

00:27:09,539 --> 00:27:06,039

was spoken to by the Inca gods and

565

00:27:11,610 --> 00:27:09,549

goddesses and the Eddie app whose and

566

00:27:13,650 --> 00:27:11,620

they told me that I had work to do to

567

00:27:15,270 --> 00:27:13,660

bring this information forward not that

568

00:27:17,370 --> 00:27:15,280

I was the chosen one or not that I was

569

00:27:18,600 --> 00:27:17,380

the only one because gosh knows there's

570

00:27:20,220 --> 00:27:18,610

a lot of people who have brought this

571

00:27:23,430 --> 00:27:20,230

information forward in many different

572

00:27:24,870 --> 00:27:23,440

ways and but I didn't think I was i l

573

00:27:27,330 --> 00:27:24,880

had a whole different plan for my life

574

00:27:28,950 --> 00:27:27,340

and I argued with them and I danced all

575

00:27:31,680 --> 00:27:28,960

over Machu Picchu at night because this

576

00:27:35,940 --> 00:27:31,690

was before they were gods and and guides

577

00:27:38,850 --> 00:27:35,950

help yeah it was pretty amazing and at

578

00:27:40,919 --> 00:27:38,860

the end I stood up in a cave outside of

579

00:27:43,049 --> 00:27:40,929

Machu Picchu and screamed okay you have

580

00:27:45,240 --> 00:27:43,059

a deal I'll do whatever you want just

581

00:27:46,440 --> 00:27:45,250

just let me go back I think you got the

582

00:27:48,390 --> 00:27:46,450

wrong boy because I can't even say my

583

00:27:51,899 --> 00:27:48,400

eyes right but just let me go back to

584

00:27:53,159 --> 00:27:51,909

Boston and finish up my degree and stop

585

00:27:56,700 --> 00:27:53,169

my life and then I'll do whatever you

586

00:27:58,740 --> 00:27:56,710

want I ended up not only writing books

587

00:28:00,930 --> 00:27:58,750

doing many lectures doing magical blend

588

00:28:03,690 --> 00:28:00,940

magazine I adopted both of my children

589

00:28:07,169 --> 00:28:03,700

from Peru during the middle of their

590

00:28:09,960 --> 00:28:07,179

Civil War I've lived in Peru many times

591

00:28:11,880 --> 00:28:09,970

and spent much time there they've got

592

00:28:13,169 --> 00:28:11,890

Inca gods and goddesses and the Amazon

593

00:28:15,750 --> 00:28:13,179

guys and goddesses have had a huge

594

00:28:17,870 --> 00:28:15,760

effect on my life path and have enhanced

595

00:28:20,850 --> 00:28:17,880

it greatly I don't see them as

596

00:28:23,820 --> 00:28:20,860

competitive with the Christian gods or

597

00:28:25,909 --> 00:28:23,830

or any other gods I see them as

598

00:28:30,120 --> 00:28:25,919

existing in another plane of existence

599

00:28:32,760 --> 00:28:30,130

and and having affected me greatly wow

600

00:28:34,230 --> 00:28:32,770

that's some life story yes yeah well

601
00:28:37,440 --> 00:28:34,240
it's only part of it I really catch the

602
00:28:39,930 --> 00:28:37,450
last it for you what about Barack his

603
00:28:42,149 --> 00:28:39,940
life I I I feel blessed beyond belief

604
00:28:45,090 --> 00:28:42,159
when when you were young you had a

605
00:28:50,159 --> 00:28:45,100
collection of sorts oh okay yes that's

606
00:28:52,409 --> 00:28:50,169
good ah my in in New England they used

607
00:28:56,220 --> 00:28:52,419
to dig the ground when it got frozen

608
00:28:58,200 --> 00:28:56,230
with with with tractors and they dig up

609
00:29:00,300 --> 00:28:58,210
often the old caskets

610
00:29:04,200 --> 00:29:00,310
by mistake and scatter the bones to make

611
00:29:07,730 --> 00:29:04,210
a new Grave oh uh I thought that was

612
00:29:10,290 --> 00:29:07,740
pretty neat and I had a 20 empty 20

613
00:29:13,140 --> 00:29:10,300

gallon aquarium in my bedroom so I took

614

00:29:15,930 --> 00:29:13,150

to gathering the bones and and and

615

00:29:18,840 --> 00:29:15,940

collecting them in the aquarium oh ha I

616

00:29:20,460 --> 00:29:18,850

an aquarium full of different human

617

00:29:23,940 --> 00:29:20,470

bones from different cemeteries all over

618

00:29:27,180 --> 00:29:23,950

the area where we work and and I started

619

00:29:28,980 --> 00:29:27,190

having just the most bizarre dreams ah I

620

00:29:30,390 --> 00:29:28,990

thought I was going crazy I couldn't go

621

00:29:33,720 --> 00:29:30,400

to school I didn't know what was going

622

00:29:35,970 --> 00:29:33,730

on and finally one voice step forward

623

00:29:40,010 --> 00:29:35,980

and and said I speak for the bones and

624

00:29:42,840 --> 00:29:40,020

his name was Phineas goodhue and Phineas

625

00:29:44,490 --> 00:29:42,850

said that it wasn't right for me to keep

626
00:29:46,770 --> 00:29:44,500
the bones above ground that they needed

627
00:29:49,020 --> 00:29:46,780
to be reburied and I don't know how I

628
00:29:51,330 --> 00:29:49,030
did it but somehow I got the coverage to

629
00:29:54,900 --> 00:29:51,340
say I'll make a deal I'll we bury them

630
00:29:58,710 --> 00:29:54,910
if you teach me the secrets that they

631
00:30:00,510 --> 00:29:58,720
did know Phineas agreed to that I buried

632
00:30:02,820 --> 00:30:00,520
the bones and I think that's part of why

633
00:30:04,740 --> 00:30:02,830
I've had such a miraculous life cuz

634
00:30:07,830 --> 00:30:04,750
Phineas has reappeared to me from time

635
00:30:10,140 --> 00:30:07,840
to time / month the decades and and I

636
00:30:12,510 --> 00:30:10,150
think guided me quite often down this

637
00:30:14,220 --> 00:30:12,520
road not that road and over to meet this

638
00:30:17,640 --> 00:30:14,230

person not that person that's a

639

00:30:19,860 --> 00:30:17,650

wonderful wonderful Michael uh when that

640

00:30:22,200 --> 00:30:19,870

sad day comes and you do pass from this

641

00:30:24,900 --> 00:30:22,210

plane of existence would you expect to

642

00:30:27,300 --> 00:30:24,910

meet Phineas I actually talked to UM

643

00:30:30,350 --> 00:30:27,310

periodic I can all right I think working

644

00:30:32,970 --> 00:30:30,360

with the shamans I've and my wife is a

645

00:30:36,300 --> 00:30:32,980

from she's written books on our Nordic

646

00:30:38,700 --> 00:30:36,310

magic from Sweden and is a bit of a

647

00:30:40,200 --> 00:30:38,710

witch of sorts from there I think I've

648

00:30:42,570 --> 00:30:40,210

gotten much better at communicating with

649

00:30:44,640 --> 00:30:42,580

spirits and in recent years I've

650

00:30:47,010 --> 00:30:44,650

actually been able to call them in at

651

00:30:51,530 --> 00:30:47,020

certain times but yes I think there'll

652

00:30:54,090 --> 00:30:51,540

be a much more clearer and long-term

653

00:30:58,290 --> 00:30:54,100

conversation kidding aside without I

654

00:31:02,000 --> 00:30:58,300

have an odd question for you because i

655

00:31:06,210 --> 00:31:02,010

have had probably more than my share of

656

00:31:10,350 --> 00:31:06,220

friends whose parents were Undertaker's

657

00:31:11,790 --> 00:31:10,360

and so forth and one young lady in

658

00:31:17,430 --> 00:31:11,800

particular

659

00:31:22,580 --> 00:31:17,440

and two others have told me that their

660

00:31:27,390 --> 00:31:22,590

fathers were astounded when present at

661

00:31:31,320 --> 00:31:27,400

certain autopsies and when the person's

662

00:31:34,770 --> 00:31:31,330

skull revealed that there they didn't

663

00:31:38,970 --> 00:31:34,780

have a full brain that they had a form

664

00:31:41,490 --> 00:31:38,980

of sac there that where much of the

665

00:31:45,600 --> 00:31:41,500

brain should have been and yet these

666

00:31:49,880 --> 00:31:45,610

people lived not extremely successful

667

00:31:52,020 --> 00:31:49,890

lives but normal lives in a community

668

00:31:53,700 --> 00:31:52,030

and you've been through a lot of

669

00:31:56,640 --> 00:31:53,710

autopsies and you've been bombed a lot

670

00:31:59,160 --> 00:31:56,650

of bodies you you realize how many

671

00:32:01,740 --> 00:31:59,170

people actually a function in which

672

00:32:04,320 --> 00:32:01,750

things without things and and with

673

00:32:06,870 --> 00:32:04,330

partial things that we had no idea of

674

00:32:08,760 --> 00:32:06,880

that you could function with it says I

675

00:32:12,840 --> 00:32:08,770

mean the human body compensates in such

676

00:32:16,530 --> 00:32:12,850

an amazing way um that you you you

677

00:32:18,600 --> 00:32:16,540

really get to see that we think we have

678

00:32:21,000 --> 00:32:18,610

to be whole complete and and going

679

00:32:22,650 --> 00:32:21,010

forward but we do work around our bodies

680

00:32:25,470 --> 00:32:22,660

do workarounds and yes I've seen some

681

00:32:28,740 --> 00:32:25,480

pretty amazing things in the autopsy

682

00:32:33,780 --> 00:32:28,750

room in the embalming tables interesting

683

00:32:37,020 --> 00:32:33,790

interesting and one other subject that

684

00:32:40,650 --> 00:32:37,030

comes up in kind of a general sense is

685

00:32:42,960 --> 00:32:40,660

um well we do a lot of talk about

686

00:32:45,930 --> 00:32:42,970

consciousness and consciousness research

687

00:32:49,890 --> 00:32:45,940

you're unsighted reality and as i said

688

00:32:53,520 --> 00:32:49,900

earlier on I'm very drawn to shamanism

689

00:32:55,500 --> 00:32:53,530

due to the fact that it gives a lot more

690

00:32:58,620 --> 00:32:55,510

credit to the earth and the environment

691

00:33:00,540 --> 00:32:58,630

and how I personally feel that the earth

692

00:33:05,130 --> 00:33:00,550

is a living being and the Sun is a

693

00:33:09,900 --> 00:33:05,140

living being but beyond that the role of

694

00:33:13,620 --> 00:33:09,910

animals in say a Nordic or Germanic

695

00:33:16,740 --> 00:33:13,630

tradition of also a Celtic tradition as

696

00:33:21,000 --> 00:33:16,750

opposed to a South American tradition

697

00:33:23,430 --> 00:33:21,010

where one has a totem animal but where

698

00:33:25,130 --> 00:33:23,440

one may have a familiar in in the

699

00:33:27,530 --> 00:33:25,140

European tradition can you

700

00:33:29,540 --> 00:33:27,540

speaking to that a little bit sure and I

701
00:33:32,240 --> 00:33:29,550
think there's a blending of those I mean

702
00:33:35,120 --> 00:33:32,250
I think yes there's more of those two in

703
00:33:37,940 --> 00:33:35,130
a separate zone as you said where with

704
00:33:41,090 --> 00:33:37,950
it familiars are more European and and

705
00:33:43,670 --> 00:33:41,100
your and your totem is is more native

706
00:33:45,980 --> 00:33:43,680
North and South American but I think

707
00:33:48,740 --> 00:33:45,990
there's I've known shamans who had

708
00:33:52,900 --> 00:33:48,750
monkeys or parrots on their shoulders as

709
00:33:55,700 --> 00:33:52,910
a familiar as well I think in both cases

710
00:34:01,490 --> 00:33:55,710
what you have is just an understanding

711
00:34:04,010 --> 00:34:01,500
that and okay thanks if we look at after

712
00:34:07,580 --> 00:34:04,020
death as a larger picture that maybe

713
00:34:10,250 --> 00:34:07,590

maybe it's connected to hear much more

714

00:34:12,560 --> 00:34:10,260

than we think and maybe pot of us is

715

00:34:16,730 --> 00:34:12,570

already over there it's the same with

716

00:34:20,210 --> 00:34:16,740

animals and trees and rocks and and and

717

00:34:22,610 --> 00:34:20,220

water places and mountains that we're in

718

00:34:25,100 --> 00:34:22,620

other dimensions at the same time and

719

00:34:27,950 --> 00:34:25,110

the shamans can see this in many cases

720

00:34:29,870 --> 00:34:27,960

and can speak to that in animals there

721

00:34:32,540 --> 00:34:29,880

for bringing out the intelligence and

722

00:34:35,990 --> 00:34:32,550

the brilliance I had horses for a while

723

00:34:37,700 --> 00:34:36,000

in Northern California and I swear my

724

00:34:41,210 --> 00:34:37,710

horse was smile than most of the people

725

00:34:43,010 --> 00:34:41,220

I knew and I would often just go out and

726

00:34:45,350 --> 00:34:43,020

sit with him I'll ride him across the

727

00:34:47,270 --> 00:34:45,360

field and feel like a lot of the answers

728

00:34:49,310 --> 00:34:47,280

I needed from my questions of the day

729

00:34:51,230 --> 00:34:49,320

just kind of flowed almost

730

00:34:53,740 --> 00:34:51,240

telepathically into my mind that's

731

00:34:58,100 --> 00:34:53,750

that's amazing that that is really

732

00:35:02,180 --> 00:34:58,110

something that I feel a lot of a lot of

733

00:35:05,060 --> 00:35:02,190

continuity with actually and to know of

734

00:35:07,460 --> 00:35:05,070

course that there's different kinds of

735

00:35:11,180 --> 00:35:07,470

intelligence and different ways of being

736

00:35:13,940 --> 00:35:11,190

alive I often speak about the idea that

737

00:35:16,160 --> 00:35:13,950

most of us think of being alive as

738

00:35:18,640 --> 00:35:16,170

having to do with something about

739

00:35:23,800 --> 00:35:18,650

respiring breathing either as a

740

00:35:26,900 --> 00:35:23,810

aspiring a tree or a breathing animal

741

00:35:28,820 --> 00:35:26,910

but there are other the idea of things

742

00:35:32,030 --> 00:35:28,830

having consciousness on the other hand

743

00:35:35,840 --> 00:35:32,040

is another way to be alive that we may

744

00:35:38,610 --> 00:35:35,850

not see a rock or a crystal respire we

745

00:35:40,620 --> 00:35:38,620

may not see the planet Mars

746

00:35:43,530 --> 00:35:40,630

breathe they still can have

747

00:35:45,360 --> 00:35:43,540

consciousness I think you so you saw

748

00:35:48,030 --> 00:35:45,370

absolutely right one of the first times

749

00:35:50,880 --> 00:35:48,040

I did ayahuasca in the jungle and a

750

00:35:52,680 --> 00:35:50,890

shamanic ritual I reached out my hand to

751
00:35:55,680 --> 00:35:52,690
the jungle and I couldn't figure out

752
00:35:58,500 --> 00:35:55,690
where I stopped and the jungle started a

753
00:36:00,450 --> 00:35:58,510
week later when I was digesting the

754
00:36:03,060 --> 00:36:00,460
whole thing I realized all my life till

755
00:36:05,310 --> 00:36:03,070
that point I had thought wrong I don't

756
00:36:08,040 --> 00:36:05,320
stop the jungle doesn't stop we're

757
00:36:11,640 --> 00:36:08,050
totally into woven in a network of life

758
00:36:14,310 --> 00:36:11,650
and and since then I've really seen that

759
00:36:15,660 --> 00:36:14,320
if you patience is a real key thing and

760
00:36:17,550 --> 00:36:15,670
it's taking me most of my life to really

761
00:36:19,820 --> 00:36:17,560
learn this but but if you sit with a

762
00:36:22,920 --> 00:36:19,830
rock under the right circumstances and

763
00:36:24,630 --> 00:36:22,930

during a trance there is a consciousness

764

00:36:27,660 --> 00:36:24,640

there and an awareness there and a

765

00:36:30,060 --> 00:36:27,670

knowledge there that it can almost come

766

00:36:34,890 --> 00:36:30,070

across in the form of language that you

767

00:36:38,030 --> 00:36:34,900

can you can hear and take in that all

768

00:36:41,820 --> 00:36:38,040

things have a much grander existence

769

00:36:44,070 --> 00:36:41,830

than we imagined I think it's as you

770

00:36:47,300 --> 00:36:44,080

said with the Sun with maz with a planet

771

00:36:51,200 --> 00:36:47,310

Earth itself there's there's a kind of

772

00:36:55,410 --> 00:36:51,210

sensibility a kind of knowing a kind of

773

00:36:57,600 --> 00:36:55,420

living that we're not aware of a lot of

774

00:37:01,170 --> 00:36:57,610

shamanic rituals talk about the life

775

00:37:04,560 --> 00:37:01,180

force of water and whether it's a lake

776

00:37:06,330 --> 00:37:04,570

or stream or river that that they are

777

00:37:09,030 --> 00:37:06,340

living entity is not only full of

778

00:37:12,000 --> 00:37:09,040

elementals but full of life force and

779

00:37:14,880 --> 00:37:12,010

consciousness on their own well japanese

780

00:37:18,090 --> 00:37:14,890

fellow whose name begins with an M and

781

00:37:20,280 --> 00:37:18,100

it's I can't yes a mural Massimo a

782

00:37:24,300 --> 00:37:20,290

mirror or something that's that measures

783

00:37:27,630 --> 00:37:24,310

very close that almost but he has done a

784

00:37:30,120 --> 00:37:27,640

lot of research on speaking to water and

785

00:37:33,000 --> 00:37:30,130

meditating on water and sending love to

786

00:37:35,100 --> 00:37:33,010

water and what happens when you are in

787

00:37:38,040 --> 00:37:35,110

the presence of water and you curse or

788

00:37:41,040 --> 00:37:38,050

become violent and how disruptive that

789

00:37:42,390 --> 00:37:41,050

is to the water and of course we are how

790

00:37:45,380 --> 00:37:42,400

much ninety-eight percent water

791

00:37:51,210 --> 00:37:45,390

ninety-six percent water so a lot a lot

792

00:37:52,440 --> 00:37:51,220

yeah okay is it necessary um I guess one

793

00:37:55,260 --> 00:37:52,450

of the things is

794

00:37:58,530 --> 00:37:55,270

the Western mind is that it seems

795

00:38:01,650 --> 00:37:58,540

somewhat necessary to go into a trance

796

00:38:04,230 --> 00:38:01,660

or possibly a drug-induced State is I i

797

00:38:08,160 --> 00:38:04,240

I've never felt it that should be really

798

00:38:10,620 --> 00:38:08,170

necessary I think I don't even endorse

799

00:38:13,140 --> 00:38:10,630

my altering substances for most people

800

00:38:15,930 --> 00:38:13,150

come on I just happen to have gone down

801
00:38:17,010 --> 00:38:15,940
and dance with shamans and and felt that

802
00:38:18,569 --> 00:38:17,020
I didn't want to offend them in their

803
00:38:21,150 --> 00:38:18,579
ceremonies right so I use their

804
00:38:22,829 --> 00:38:21,160
substances and I've established when I

805
00:38:24,960 --> 00:38:22,839
consider touch points in other

806
00:38:28,230 --> 00:38:24,970
dimensions that I can revisit but you

807
00:38:31,560 --> 00:38:28,240
can get into those all the states by

808
00:38:33,660 --> 00:38:31,570
prayer you can get it into it by walking

809
00:38:36,870 --> 00:38:33,670
you can get into it by singing you can

810
00:38:39,150 --> 00:38:36,880
get chanting playing of drums being in

811
00:38:42,140 --> 00:38:39,160
nature and just sitting quietly yoga

812
00:38:44,579 --> 00:38:42,150
yoga very much so I've used yoga myself

813
00:38:46,290 --> 00:38:44,589

it's wonderful not only for saying limbo

814

00:38:48,210 --> 00:38:46,300

but for entering different states and

815

00:38:51,660 --> 00:38:48,220

everybody needs to find their own way

816

00:38:55,290 --> 00:38:51,670

their own threshold their own entry so

817

00:38:58,319 --> 00:38:55,300

that they can they can do that and and I

818

00:39:00,420 --> 00:38:58,329

use substances because I was trained

819

00:39:02,730 --> 00:39:00,430

that way by shamans in Latin America and

820

00:39:04,620 --> 00:39:02,740

they and and they've worked well for me

821

00:39:07,620 --> 00:39:04,630

and I'm blessed to be able to handle

822

00:39:10,559 --> 00:39:07,630

them but I I don't think that everybody

823

00:39:13,680 --> 00:39:10,569

can or should and I and I don't think

824

00:39:16,050 --> 00:39:13,690

trance is necessarily like meditation

825

00:39:18,960 --> 00:39:16,060

people say I can't meditate well you

826

00:39:20,760 --> 00:39:18,970

nobody has to meditate nobody has to go

827

00:39:24,150 --> 00:39:20,770

into trance and it's something different

828

00:39:26,760 --> 00:39:24,160

for everyone it's just trusting that

829

00:39:28,770 --> 00:39:26,770

okay what it's just like talking to the

830

00:39:31,710 --> 00:39:28,780

dead which is kind of a leap but but

831

00:39:33,780 --> 00:39:31,720

similar if people sit down and say if I

832

00:39:35,970 --> 00:39:33,790

was talking to my dead grandmother what

833

00:39:37,530 --> 00:39:35,980

might you say to me and then they start

834

00:39:39,240 --> 00:39:37,540

having a conversation in their mind

835

00:39:42,870 --> 00:39:39,250

pretty soon they'll start getting

836

00:39:44,940 --> 00:39:42,880

answers that they wouldn't have imagined

837

00:39:47,490 --> 00:39:44,950

or made up and then they have to ask

838

00:39:50,849 --> 00:39:47,500

themselves what's going on here meditation

839

00:39:54,620 --> 00:39:50,859

trance altered states communicating with

840

00:39:57,839 --> 00:39:54,630

trees it all as a matter of trust and

841

00:40:02,339 --> 00:39:57,849

suspension of disbelief and suspension

842

00:40:05,280 --> 00:40:02,349

of our material world limitations hmmm

843

00:40:06,420 --> 00:40:05,290

interesting very interesting I actually

844

00:40:09,000 --> 00:40:06,430

the shamans

845

00:40:11,819 --> 00:40:09,010

do the most I mean what we consider

846

00:40:15,180 --> 00:40:11,829

miracles I one time I was I was in a hut

847

00:40:17,520 --> 00:40:15,190

asking a shaman to to teach me his some

848

00:40:18,809 --> 00:40:17,530

of his magic and he was pretty he didn't

849

00:40:22,650 --> 00:40:18,819

want to teach a dumb young gringo

850

00:40:24,870 --> 00:40:22,660

anything and and a very sick fisherman

851

00:40:26,280 --> 00:40:24,880

came in from the river and he looked at

852

00:40:28,020 --> 00:40:26,290

me and he looked at him and he said well

853

00:40:29,760 --> 00:40:28,030

we share some of your energy to learn

854

00:40:31,290 --> 00:40:29,770

and I said yes and he touched his

855

00:40:33,660 --> 00:40:31,300

forehead and he touched my forehead and

856

00:40:36,180 --> 00:40:33,670

I swear to this day all of a sudden I

857

00:40:38,970 --> 00:40:36,190

was looking out of that man's eyes and I

858

00:40:42,930 --> 00:40:38,980

understood his life and I understood

859

00:40:45,000 --> 00:40:42,940

what it was like to live on the river

860

00:40:46,829 --> 00:40:45,010

and depend on fishing in you and your

861

00:40:48,569 --> 00:40:46,839

rudimentary farm and love your village

862

00:40:50,190 --> 00:40:48,579

and your people in a whole different way

863

00:40:53,309 --> 00:40:50,200

than I ever knew and I looked at him and

864

00:40:55,680 --> 00:40:53,319

I could see that I look at me I could

865

00:40:58,470 --> 00:40:55,690

see that he was looking at me trying to

866

00:41:00,150 --> 00:40:58,480

figure out my life and my stuff after a

867

00:41:03,720 --> 00:41:00,160

while the shaman text both my forehead

868

00:41:04,920 --> 00:41:03,730

and we were both back to know normal and

869

00:41:07,020 --> 00:41:04,930

we hugged each other and thanked each

870

00:41:11,069 --> 00:41:07,030

other and Sean said okay you're done you

871

00:41:14,549 --> 00:41:11,079

can go now but but that kind of magic

872

00:41:17,609 --> 00:41:14,559

that extreme well what all the time well

873

00:41:19,829 --> 00:41:17,619

one of the reasons it seems to uh to uh

874

00:41:22,559 --> 00:41:19,839

you know typical Western sort of a

875

00:41:25,140 --> 00:41:22,569

culture to not be believed to said it

876

00:41:27,539 --> 00:41:25,150

takes so much training and trial and

877

00:41:30,299 --> 00:41:27,549

error but what that type of person

878

00:41:33,299 --> 00:41:30,309

forgets is that to be a Western medical

879

00:41:36,059 --> 00:41:33,309

doctor takes 12 to 15 to 20 years to

880

00:41:38,730 --> 00:41:36,069

really get excellent at that medical art

881

00:41:43,200 --> 00:41:38,740

it you know you're not born knowing how

882

00:41:46,829 --> 00:41:43,210

to do an appendectomy and not example

883

00:41:50,490 --> 00:41:46,839

yeah it really is and yet it's easier

884

00:41:52,920 --> 00:41:50,500

than medicine in that if people most

885

00:41:54,809 --> 00:41:52,930

people have some early religious or

886

00:41:57,809 --> 00:41:54,819

spiritual training right if people go

887

00:42:00,480 --> 00:41:57,819

back to those roots and just deepen it a

888

00:42:03,180 --> 00:42:00,490

little bit with with an intent of either

889

00:42:05,970 --> 00:42:03,190

talking to the dead or entering entering

890

00:42:08,579 --> 00:42:05,980

a trance state or communicating with the

891

00:42:10,549 --> 00:42:08,589

forest near their house or the other of

892

00:42:13,680 --> 00:42:10,559

the plants in the in the park nearby

893

00:42:15,750 --> 00:42:13,690

they will they will be amazed how

894

00:42:17,630 --> 00:42:15,760

quickly they can start having

895

00:42:19,359 --> 00:42:17,640

experiences that are beyond their normal

896

00:42:21,339 --> 00:42:19,369

experiences and then

897

00:42:22,960 --> 00:42:21,349

working with those I mean I've been

898

00:42:25,599 --> 00:42:22,970

blessed to have a lifetime of it but

899

00:42:28,539 --> 00:42:25,609

working with those you start building up

900

00:42:31,390 --> 00:42:28,549

skills knowledge first understanding

901
00:42:34,150 --> 00:42:31,400
that that really can just knock out the

902
00:42:37,029 --> 00:42:34,160
jams all over the place the touch that

903
00:42:39,279 --> 00:42:37,039
you speak of it sounds similar to but

904
00:42:42,220 --> 00:42:39,289
not the same as Shakti pot you know

905
00:42:45,930 --> 00:42:42,230
where a an enlightened person may touch

906
00:42:49,299 --> 00:42:45,940
you and you experience an awakening I i

907
00:42:53,289 --> 00:42:49,309
I've had I've had this from from Indian

908
00:42:55,539 --> 00:42:53,299
masters and and and felt like for a week

909
00:43:00,099 --> 00:42:55,549
afterwards I was almost out of my body

910
00:43:01,809 --> 00:43:00,109
and other wiser entities were were

911
00:43:05,140 --> 00:43:01,819
looking through my eyes and guiding me

912
00:43:07,470 --> 00:43:05,150
through the world and it is similar but

913
00:43:10,210 --> 00:43:07,480

different but yes it's that say a

914

00:43:13,089 --> 00:43:10,220

transference of energy with a clear

915

00:43:15,700 --> 00:43:13,099

intent but the shaman did in that case

916

00:43:18,789 --> 00:43:15,710

was use my energy to realign the sick

917

00:43:21,130 --> 00:43:18,799

fellows energies and helium so to speak

918

00:43:23,259 --> 00:43:21,140

without without depleting me and which

919

00:43:24,910 --> 00:43:23,269

Shakti part does is is open you up to a

920

00:43:28,269 --> 00:43:24,920

higher level of understanding and seeing

921

00:43:31,329 --> 00:43:28,279

I think it sounds the sounds like a very

922

00:43:35,370 --> 00:43:31,339

good very good description I remember

923

00:43:40,390 --> 00:43:35,380

being at a yoga center and who was there

924

00:43:42,849 --> 00:43:40,400

but sun bear the western of the Native

925

00:43:45,460 --> 00:43:42,859

American shaman shaman from I guess

926

00:43:47,589 --> 00:43:45,470

Washington State I think it was and and

927

00:43:49,450 --> 00:43:47,599

he unfortunately has since passed all

928

00:43:53,710 --> 00:43:49,460

those you may be in a in a better place

929

00:43:55,420 --> 00:43:53,720

uh but he gave a healing to everybody

930

00:43:59,319 --> 00:43:55,430

who wanted one and he didn't touch

931

00:44:02,759 --> 00:43:59,329

people in that healing he just asked for

932

00:44:05,079 --> 00:44:02,769

your name and asked for your arm

933

00:44:06,609 --> 00:44:05,089

ethnicity basically what was your ethnic

934

00:44:10,210 --> 00:44:06,619

background where did you people come

935

00:44:12,970 --> 00:44:10,220

from and with just those two things he

936

00:44:15,940 --> 00:44:12,980

conferred a blessing and a healing on

937

00:44:18,039 --> 00:44:15,950

people and it was very pleasant it was

938

00:44:19,839 --> 00:44:18,049

very nice I didn't think anything of it

939

00:44:22,690 --> 00:44:19,849

I went back to my apartment in the East

940

00:44:25,420 --> 00:44:22,700

Village and what I did for the next four

941

00:44:29,979 --> 00:44:25,430

hours is run around in circles I was

942

00:44:32,750 --> 00:44:29,989

unable to not run around in circles I

943

00:44:35,390 --> 00:44:32,760

just continued to run around I had

944

00:44:37,880 --> 00:44:35,400

so much energy from that healing I

945

00:44:39,890 --> 00:44:37,890

didn't know what to do with it it was

946

00:44:42,680 --> 00:44:39,900

like three o'clock in the morning before

947

00:44:45,200 --> 00:44:42,690

I finally lay down and was sort of able

948

00:44:48,560 --> 00:44:45,210

to get some sleep that's true people who

949

00:44:50,960 --> 00:44:48,570

are toned in there was a i was working

950

00:44:53,450 --> 00:44:50,970

close with the monroe institute for a

951
00:44:55,520 --> 00:44:53,460
long time and there was a healer from

952
00:44:58,250 --> 00:44:55,530
from the backwoods of Kentucky that came

953
00:45:00,770 --> 00:44:58,260
up and I met him and he was a nice guy a

954
00:45:02,270 --> 00:45:00,780
while after I met him I fell in the

955
00:45:04,250 --> 00:45:02,280
creek sideways when I was doing

956
00:45:06,800 --> 00:45:04,260
something silly and smashed up the whole

957
00:45:08,890 --> 00:45:06,810
left side of my body all right best I

958
00:45:11,360 --> 00:45:08,900
could I couldn't get that right again

959
00:45:13,220 --> 00:45:11,370
and i called this healer up and I said

960
00:45:15,140 --> 00:45:13,230
you know do you have any advice I'm

961
00:45:17,420 --> 00:45:15,150
really hurting and I just got to get

962
00:45:19,370 --> 00:45:17,430
back to normal he said put the phone on

963
00:45:21,500 --> 00:45:19,380

speaker and listen to me through the

964

00:45:23,630 --> 00:45:21,510

next five minutes he radiated through

965

00:45:25,430 --> 00:45:23,640

the phone and I tell you when I hung up

966

00:45:30,110 --> 00:45:25,440

the phone I was almost a hundred percent

967

00:45:32,390 --> 00:45:30,120

better um I and he's a back way I mean I

968

00:45:34,850 --> 00:45:32,400

think he's a photographer in backwoods

969

00:45:37,760 --> 00:45:34,860

of Kentucky but people can learn to tap

970

00:45:40,090 --> 00:45:37,770

in to that to that higher energy to that

971

00:45:43,520 --> 00:45:40,100

divine entity to that healing energy and

972

00:45:45,530 --> 00:45:43,530

radiated and it's it's open to anyone

973

00:45:48,350 --> 00:45:45,540

that really wants to take the time and

974

00:45:51,320 --> 00:45:48,360

and give it the attention absolutely

975

00:45:53,660 --> 00:45:51,330

absolutely and the way certain healings

976

00:45:57,800 --> 00:45:53,670

can come forth I was in a situation

977

00:46:02,240 --> 00:45:57,810

where it was possible that i might get

978

00:46:04,280 --> 00:46:02,250

sued by a family and it was really a

979

00:46:07,580 --> 00:46:04,290

crazy situation where a friend had

980

00:46:11,690 --> 00:46:07,590

passed on and I was meditating on this

981

00:46:13,640 --> 00:46:11,700

issue and i happen to have listened to

982

00:46:21,020 --> 00:46:13,650

perhaps the same person you're speaking

983

00:46:23,660 --> 00:46:21,030

about on a video and on youtube and as I

984

00:46:26,120 --> 00:46:23,670

was listening to the video and trying to

985

00:46:30,230 --> 00:46:26,130

meditate with the video with the

986

00:46:34,190 --> 00:46:30,240

gentleman I found that I had gotten a

987

00:46:36,230 --> 00:46:34,200

text and the text said you know forget

988

00:46:37,940 --> 00:46:36,240

all about this it was from one of the

989

00:46:41,540 --> 00:46:37,950

family members just forget about it

990

00:46:44,150 --> 00:46:41,550

we're backing off basically it and it

991

00:46:46,060 --> 00:46:44,160

really is so many times we get caught up

992

00:46:49,510 --> 00:46:46,070

in our doubts or fears i wear

993

00:46:52,120 --> 00:46:49,520

is our insecurities paying the bills and

994

00:46:55,690 --> 00:46:52,130

all our responsibilities if we can just

995

00:46:58,960 --> 00:46:55,700

stop that and and focus on what we want

996

00:47:01,780 --> 00:46:58,970

and what we hope and and see our lives

997

00:47:03,910 --> 00:47:01,790

is being able to be healed we can we can

998

00:47:06,940 --> 00:47:03,920

make that difference and it can happen

999

00:47:08,890 --> 00:47:06,950

in the weirdest way one time I had when

1000

00:47:11,170 --> 00:47:08,900

I was working on magical blend magazine

1001
00:47:13,510 --> 00:47:11,180
in Northern California I had an infected

1002
00:47:17,260 --> 00:47:13,520
toe my big toe and my right foot was

1003
00:47:18,940 --> 00:47:17,270
infected and it was really bad and I

1004
00:47:20,740 --> 00:47:18,950
don't usually use Western doctors but I

1005
00:47:23,500 --> 00:47:20,750
couldn't fix it and I went to the west

1006
00:47:24,940 --> 00:47:23,510
and doctor and she gave me antibiotics

1007
00:47:26,710 --> 00:47:24,950
and that didn't work I went back she

1008
00:47:28,360 --> 00:47:26,720
gave me heavier antibiotics and that

1009
00:47:29,860 --> 00:47:28,370
didn't work I went back and she wanted

1010
00:47:31,750 --> 00:47:29,870
to have me in the hospital and a drip

1011
00:47:34,690 --> 00:47:31,760
thing I said no I'm going back to Latin

1012
00:47:38,590 --> 00:47:34,700
America and I went down to Latin America

1013
00:47:43,540 --> 00:47:38,600

to it to an isolated village and I had

1014

00:47:45,580 --> 00:47:43,550

somebody find me um a shaman off that I

1015

00:47:48,040 --> 00:47:45,590

hadn't met before who didn't even speak

1016

00:47:50,020 --> 00:47:48,050

English and when I met him he said oh

1017

00:47:53,710 --> 00:47:50,030

yeah we can fix this but you have to buy

1018

00:47:55,510 --> 00:47:53,720

a guinea pig so I gave him five dollars

1019

00:47:58,120 --> 00:47:55,520

for a guinea pig and he held the guinea

1020

00:48:00,070 --> 00:47:58,130

pig and it wiggled all around me ah and

1021

00:48:02,710 --> 00:48:00,080

then out of nowhere he pulled a knife

1022

00:48:06,970 --> 00:48:02,720

any cuts a guinea pig open oh and i said

1023

00:48:09,700 --> 00:48:06,980

my guinea oh and as he opened it up and

1024

00:48:12,250 --> 00:48:09,710

said oh yes yes it's about your feeling

1025

00:48:14,170 --> 00:48:12,260

your foundation is weak you know your

1026

00:48:17,230 --> 00:48:14,180

business isn't doing so well your

1027

00:48:19,750 --> 00:48:17,240

marriage isn't doing so well some of

1028

00:48:22,300 --> 00:48:19,760

your friendships are tearing at you and

1029

00:48:23,980 --> 00:48:22,310

that was all true he said and that all

1030

00:48:26,500 --> 00:48:23,990

that poison went into the guinea pig and

1031

00:48:29,830 --> 00:48:26,510

he basically gave his life for your

1032

00:48:32,140 --> 00:48:29,840

healing huh the next day I went to a

1033

00:48:33,520 --> 00:48:32,150

local hot spring and my toe was all

1034

00:48:39,790 --> 00:48:33,530

better and it's never bothered me since

1035

00:48:43,090 --> 00:48:39,800

huh um you know there is some basis also

1036

00:48:45,280 --> 00:48:43,100

I you know Western things has to be well

1037

00:48:48,270 --> 00:48:45,290

that just seems too miraculous to out

1038

00:48:51,330 --> 00:48:48,280

there but yet they're coming around to

1039

00:48:54,070 --> 00:48:51,340

forming a you know in quote scientific

1040

00:48:56,800 --> 00:48:54,080

understanding of that just for example

1041

00:48:59,040 --> 00:48:56,810

laser therapy which just introduces

1042

00:49:03,080 --> 00:48:59,050

energy into the cell it's

1043

00:49:06,930 --> 00:49:03,090

work by heat it just changes the actual

1044

00:49:10,560 --> 00:49:06,940

the photochemistry of the cell and does

1045

00:49:13,770 --> 00:49:10,570

these miraculous healings so I think

1046

00:49:16,620 --> 00:49:13,780

these people were on to a basic

1047

00:49:19,380 --> 00:49:16,630

understanding before they would you say

1048

00:49:20,790 --> 00:49:19,390

almost before they understood the forces

1049

00:49:23,370 --> 00:49:20,800

that they were dealing with oh I think

1050

00:49:26,130 --> 00:49:23,380

very much so i think i have i've heard

1051

00:49:28,350 --> 00:49:26,140

it said especially by a lot of magic and

1052

00:49:31,020 --> 00:49:28,360

occult workers that today's magic is

1053

00:49:33,240 --> 00:49:31,030

tomorrow science yeah yeah very much so

1054

00:49:35,970 --> 00:49:33,250

much of what we're working with that we

1055

00:49:38,370 --> 00:49:35,980

call shamanism that we call magic that

1056

00:49:42,300 --> 00:49:38,380

we call energy work is really us

1057

00:49:44,670 --> 00:49:42,310

intuitively generating acting things but

1058

00:49:46,980 --> 00:49:44,680

but there's so much more that can be I

1059

00:49:50,010 --> 00:49:46,990

just wrote an introductory article for

1060

00:49:52,380 --> 00:49:50,020

fate magazine about JB Rhine of the

1061

00:49:55,580 --> 00:49:52,390

Rhine is it to him and how he had taken

1062

00:49:59,400 --> 00:49:55,590

telepathy and ESP and mediumship and

1063

00:50:02,120 --> 00:49:59,410

applied scientific research techniques

1064

00:50:04,080 --> 00:50:02,130

to them and made it so that they were

1065

00:50:07,980 --> 00:50:04,090

respectable in the scientific community

1066

00:50:12,390 --> 00:50:07,990

he brought that mat that pot of magic

1067

00:50:13,890 --> 00:50:12,400

into the 21st century and that's what's

1068

00:50:15,870 --> 00:50:13,900

happening more and more in different way

1069

00:50:18,390 --> 00:50:15,880

we we often talk about quantum physics

1070

00:50:20,850 --> 00:50:18,400

and quantum physics has explained so

1071

00:50:23,910 --> 00:50:20,860

much of this stuff or at least hits at

1072

00:50:26,400 --> 00:50:23,920

explanations for it well the problem was

1073

00:50:28,500 --> 00:50:26,410

initially science was philosophy and

1074

00:50:31,200 --> 00:50:28,510

then for some reason back in the Age of

1075

00:50:33,600 --> 00:50:31,210

Enlightenment they definitely parted

1076

00:50:35,670 --> 00:50:33,610

ways and each looked on the other with

1077

00:50:38,130 --> 00:50:35,680

distrust and that's a shame because a

1078

00:50:41,460 --> 00:50:38,140

lot of science is basically philosophy

1079

00:50:44,130 --> 00:50:41,470

and understanding and it's lost that

1080

00:50:46,710 --> 00:50:44,140

it's moving to a place where with

1081

00:50:49,830 --> 00:50:46,720

science and spirituality will come back

1082

00:50:53,730 --> 00:50:49,840

together in a healthier less contentious

1083

00:50:56,370 --> 00:50:53,740

way I think the world needs that not as

1084

00:50:58,170 --> 00:50:56,380

people embrace more the possibilities

1085

00:51:02,700 --> 00:50:58,180

and miracles in their everyday life I

1086

00:51:05,280 --> 00:51:02,710

have a specific question for you and you

1087

00:51:07,650 --> 00:51:05,290

may not be familiar with this but I

1088

00:51:09,780 --> 00:51:07,660

think that probably you may be the

1089

00:51:12,920 --> 00:51:09,790

reason why I say you may not be because

1090

00:51:17,849 --> 00:51:12,930

this has mostly to do with North America

1091

00:51:21,359 --> 00:51:17,859

Native American shamanism and it and

1092

00:51:22,979 --> 00:51:21,369

there's a real big resurgence with this

1093

00:51:27,569 --> 00:51:22,989

today now I have to give you a little

1094

00:51:30,150 --> 00:51:27,579

background on this you know that it Kate

1095

00:51:32,130 --> 00:51:30,160

had a different show before this one

1096

00:51:35,819 --> 00:51:32,140

which was called the Kate Valentine you

1097

00:51:39,630 --> 00:51:35,829

fo sho and as and we do speak to people

1098

00:51:44,670 --> 00:51:39,640

in terms of UFOs we we have guests about

1099

00:51:47,729 --> 00:51:44,680

UFOs so frequently but recently there

1100

00:51:51,180 --> 00:51:47,739

has been there's been a book written and

1101

00:51:55,620 --> 00:51:51,190

a lot of people are buzzing about owls

1102

00:51:59,819 --> 00:51:55,630

and UFOs now I know from my background

1103

00:52:03,599 --> 00:51:59,829

in shamanism of through Michael Horner

1104

00:52:06,989 --> 00:52:03,609

and other people that there is some form

1105

00:52:11,370 --> 00:52:06,999

of a taboo against using what is called

1106

00:52:14,309 --> 00:52:11,380

owl magic I that's the first question do

1107

00:52:16,799 --> 00:52:14,319

you know about that at all yes the

1108

00:52:21,450 --> 00:52:16,809

second question is are you aware that

1109

00:52:24,150 --> 00:52:21,460

many people who see UFOs or possible

1110

00:52:29,690 --> 00:52:24,160

contact these abductees or experiencers

1111

00:52:33,499 --> 00:52:29,700

then see large versions of local animals

1112

00:52:37,380 --> 00:52:33,509

often raccoons but particularly owls and

1113

00:52:39,180 --> 00:52:37,390

these owls seem larger than our humanly

1114

00:52:41,430 --> 00:52:39,190

possible and if this really recently

1115

00:52:43,739 --> 00:52:41,440

been a book written on that and I wonder

1116

00:52:46,680 --> 00:52:43,749

if you could speak to that idea at all

1117

00:52:49,950 --> 00:52:46,690

first the shower magic taboo and what

1118

00:52:52,859 --> 00:52:49,960

that's about sure the way I understand

1119

00:52:56,630 --> 00:52:52,869

the owl magic Boo is just that the owls

1120

00:53:00,989 --> 00:52:56,640

have always been or have often been

1121

00:53:05,849 --> 00:53:00,999

guardians of the unknown guardians of

1122

00:53:08,670 --> 00:53:05,859

the dock where grey magic becomes black

1123

00:53:11,489 --> 00:53:08,680

so therefore it was a slippery slope if

1124

00:53:14,279 --> 00:53:11,499

someone started working with our magic

1125

00:53:18,180 --> 00:53:14,289

it wasn't clean like hummingbird magic

1126

00:53:20,479 --> 00:53:18,190

or are cardinal magic it was it was a

1127

00:53:24,209 --> 00:53:20,489

different focus that that made it

1128

00:53:25,650 --> 00:53:24,219

dangerous for people the second pot with

1129

00:53:26,730 --> 00:53:25,660

magical blend magazine and other

1130

00:53:28,620 --> 00:53:26,740

research I've done in my

1131

00:53:31,950 --> 00:53:28,630

writing over the years I've dealt with a

1132

00:53:34,170 --> 00:53:31,960

lot of UFO experts and gone to a number

1133

00:53:38,190 --> 00:53:34,180

of UFO conferences and spoke with a lot

1134

00:53:39,990 --> 00:53:38,200

of people and even at one point two of

1135

00:53:43,080 --> 00:53:40,000

my staff drove from Chico California

1136

00:53:45,900 --> 00:53:43,090

down to San Francisco and we're coming

1137

00:53:50,060 --> 00:53:45,910

back late at night and swear they saw a

1138

00:53:53,040 --> 00:53:50,070

UFO and then they were almost you know

1139

00:53:55,380 --> 00:53:53,050

20 miles further on the road and all

1140

00:53:57,180 --> 00:53:55,390

they had was the memory of seeing the

1141

00:54:00,240 --> 00:53:57,190

beginning of a UFO and then seeing a

1142

00:54:03,630 --> 00:54:00,250

huge owl as you described I think large

1143

00:54:07,020 --> 00:54:03,640

animals especially owls I used a lot by

1144

00:54:10,200 --> 00:54:07,030

the other dimensional other planetary

1145

00:54:12,480 --> 00:54:10,210

beings to cloak the memories that humans

1146

00:54:15,540 --> 00:54:12,490

aren't ready to fully digest on a

1147

00:54:17,370 --> 00:54:15,550

conscious level and that's why there's

1148

00:54:22,080 --> 00:54:17,380

so much of that being reported by

1149

00:54:23,580 --> 00:54:22,090

contactees myself yeah interesting good

1150

00:54:27,690 --> 00:54:23,590

good you're good answer very good answer

1151
00:54:31,800 --> 00:54:27,700
so what's next for Michael Peter London

1152
00:54:33,359 --> 00:54:31,810
well uh right now I'm in Virginia which

1153
00:54:36,830 --> 00:54:33,369
is an interesting place that fate has

1154
00:54:39,030 --> 00:54:36,840
brought me and I'm working on a

1155
00:54:41,130 --> 00:54:39,040
marketing company langevin axelsson

1156
00:54:44,130 --> 00:54:41,140
marketing which is promoting a number of

1157
00:54:46,830 --> 00:54:44,140
good authors and and pretty amazing

1158
00:54:48,630 --> 00:54:46,840
people who are doing good products and

1159
00:54:50,310 --> 00:54:48,640
services because it's fun getting other

1160
00:54:51,510 --> 00:54:50,320
people who are doing good stuff and

1161
00:54:54,330 --> 00:54:51,520
don't know how to get their stuff out

1162
00:54:56,580 --> 00:54:54,340
there out there and I get to learn a lot

1163
00:54:58,800 --> 00:54:56,590

and I don't have to always be the

1164

00:55:00,960 --> 00:54:58,810

upfront man in all of it I'm also

1165

00:55:02,550 --> 00:55:00,970

working on a book that right now is a

1166

00:55:05,550 --> 00:55:02,560

working title i'm calling sacred

1167

00:55:07,410 --> 00:55:05,560

journeys which which documents a lot of

1168

00:55:10,970 --> 00:55:07,420

what's happened in my life since the

1169

00:55:15,690 --> 00:55:10,980

three books that i published came out

1170

00:55:17,670 --> 00:55:15,700

and and in general i I'm just kind of

1171

00:55:20,910 --> 00:55:17,680

addicted to adventure so and my wife is

1172

00:55:23,250 --> 00:55:20,920

the same way so I imagine them after we

1173

00:55:27,390 --> 00:55:23,260

spend some time here in Virginia will be

1174

00:55:29,130 --> 00:55:27,400

off to climbs unknown to see what other

1175

00:55:31,440 --> 00:55:29,140

what are the rocks we can turn over and

1176

00:55:33,330 --> 00:55:31,450

what other learning experiences we can

1177

00:55:36,810 --> 00:55:33,340

have well it sounds like a fascinating

1178

00:55:39,000 --> 00:55:36,820

journey and I for one I am certainly

1179

00:55:40,030 --> 00:55:39,010

looking forward to your upcoming book

1180

00:55:42,640 --> 00:55:40,040

and

1181

00:55:44,860 --> 00:55:42,650

duh so we want to thank you very much

1182

00:55:48,400 --> 00:55:44,870

and what were his other books that's

1183

00:55:50,500 --> 00:55:48,410

okay yes we have to give Michael it was

1184

00:55:52,510 --> 00:55:50,510

a fasten it I can't believe the hours up

1185

00:55:55,210 --> 00:55:52,520

thank you so much for being nothing oh

1186

00:55:59,470 --> 00:55:55,220

my great it was also mention that i have

1187

00:56:02,260 --> 00:55:59,480

my own blog website called good Michael

1188

00:56:03,700 --> 00:56:02,270

Peter langevin calm great and that all

1189

00:56:05,260 --> 00:56:03,710

of my book looks in a number of the

1190

00:56:08,110 --> 00:56:05,270

anthologies I've been in are available

1191

00:56:12,490 --> 00:56:08,120

on amazon.com under my name I and how do

1192

00:56:15,610 --> 00:56:12,500

you spell the last name LAN uh-huh GE V

1193

00:56:17,530 --> 00:56:15,620

is in victory I n okay that's important

1194

00:56:19,870 --> 00:56:17,540

when you get ideally because in

1195

00:56:23,010 --> 00:56:19,880

gymnastics and about and three books are

1196

00:56:26,890 --> 00:56:23,020

spiritual business secrets of the

1197

00:56:28,690 --> 00:56:26,900

ancient Incas and recently reissued

1198

00:56:30,970 --> 00:56:28,700

because it had been sold out and there

1199

00:56:32,770 --> 00:56:30,980

was a demand well it's a mess on

1200

00:56:35,170 --> 00:56:32,780

shaman's is available as an ibook for

1201
00:56:39,160 --> 00:56:35,180
only five dollars on amazon what a deal

1202
00:56:40,900 --> 00:56:39,170
that is good that is good I i I'm

1203
00:56:43,720 --> 00:56:40,910
surprised and now you're sort of into

1204
00:56:45,220 --> 00:56:43,730
marketing I I think it's you know when I

1205
00:56:48,490 --> 00:56:45,230
did magical blend I learned that

1206
00:56:49,630 --> 00:56:48,500
spirituality is only valid if you can

1207
00:56:51,880 --> 00:56:49,640
take it under the most unexpected

1208
00:56:57,370 --> 00:56:51,890
circumstances and make it work uh-huh

1209
00:57:00,240 --> 00:56:57,380
right okay and and in truth um to pay

1210
00:57:02,710 --> 00:57:00,250
the bills for for exotic travels to

1211
00:57:06,220 --> 00:57:02,720
Latin America and living down there for

1212
00:57:07,870 --> 00:57:06,230
a while one has to work so it's fun

1213
00:57:10,180 --> 00:57:07,880

doing work that's making the world a

1214

00:57:12,160 --> 00:57:10,190

better place as well then they always

1215

00:57:14,200 --> 00:57:12,170

say that if you enjoy what you work you

1216

00:57:16,240 --> 00:57:14,210

never work for a living that's it and

1217

00:57:17,560 --> 00:57:16,250

it's true yes we then we just but then

1218

00:57:20,080 --> 00:57:17,570

we're just having more fun and play

1219

00:57:22,870 --> 00:57:20,090

anymore you sound like you having a

1220

00:57:25,810 --> 00:57:22,880

great time I am well thanks so much for

1221

00:57:31,120 --> 00:57:25,820

being on shattered reality podcast this

1222

00:57:33,790 --> 00:57:31,130

februari second 2016 just to finish

1223

00:57:39,070 --> 00:57:33,800

finish up here I want to do a little

1224

00:57:42,640 --> 00:57:39,080

shout out to my friends who have

1225

00:57:46,450 --> 00:57:42,650

assisted me in various rituals and have

1226

00:57:48,940 --> 00:57:46,460

done and done rituals with me over the

1227

00:57:53,830 --> 00:57:48,950

years on cross quarters and quarters of

1228

00:57:59,550 --> 00:57:53,840

of the calendar so Paula Victoria

1229

00:58:02,620 --> 00:57:59,560

Pat Lauren and Taylor Murray please

1230

00:58:05,710 --> 00:58:02,630

please hear this and I'm shouting out to

1231

00:58:08,560 --> 00:58:05,720

you this in bulk this groundhog stay

1232

00:58:13,570 --> 00:58:08,570

this cross quarters and may your year

1233

00:58:15,610 --> 00:58:13,580

get ever lighter and Kate oh I'm sorry I

1234

00:58:18,190 --> 00:58:15,620

was still thinking about the shamans and

1235

00:58:20,530 --> 00:58:18,200

well Kate how are you doing doing just

1236

00:58:22,600 --> 00:58:20,540

great I'm go ahead that he didn't see a

1237

00:58:26,830 --> 00:58:22,610

shadow and I am looking forward to our

1238

00:58:29,140 --> 00:58:26,840

early spring and sadly enough I saw some

1239

00:58:31,690 --> 00:58:29,150

of the tulips and daffodils starting to

1240

00:58:34,180 --> 00:58:31,700

break out from the bulbs I put in so

1241

00:58:36,850 --> 00:58:34,190

let's hope for a nice it too early let's

1242

00:58:40,030 --> 00:58:36,860

hope for a warm sunny spring yes well we

1243

00:58:42,100 --> 00:58:40,040

hope that we hope that they I'll give

1244

00:58:45,070 --> 00:58:42,110

positive thoughts gift sending positive

1245

00:58:48,820 --> 00:58:45,080

thoughts to stay where they are and not

1246

00:58:50,920 --> 00:58:48,830

come out any further okay until at least

1247

00:58:54,250 --> 00:58:50,930

a month goes by I think we need at least

1248

00:58:57,610 --> 00:58:54,260

maybe five weeks probably electric duh I

1249

00:59:00,370 --> 00:58:57,620

guess though it was really cool yeah

1250

00:59:02,890 --> 00:59:00,380

yeah he was he was just wonderful and I

1251

00:59:06,220 --> 00:59:02,900

think we're going to be doing a dream a

1252

00:59:08,320 --> 00:59:06,230

dream worker more arnessk next guest and

1253

00:59:12,880 --> 00:59:08,330

as soon as I confirm that of fun are

1254

00:59:16,270 --> 00:59:12,890

related so shall we say Oh Oh goodbye

1255

00:59:18,610 --> 00:59:16,280

goodbye happy groundhog see and happy

1256

00:59:21,100 --> 00:59:18,620

trails and happy spring and happy